

SCOT

Scottish Cultural Organization
of the Triangle

newsletter

OCTOBER 2007

scotch hop

Come join us Saturday, **October 13**, at 5:00 pm at the Kirk of Kildaire in Cary. Bring your families, friends, and anyone interested to learn easy and fun "ceilidh" dances. If you haven't done much dancing before, this is a great opportunity to try it out. This is a low key, informal evening of Scottish social dancing for beginners and veterans alike. All dances will be explained and walked through, so participants can practice patterns at a slower pace before trying them with the music. A potluck dinner will be included with SCOT providing the paper products and drinks. Please bring a dish to share.

SCOT members free. Kirk of Kildaire members \$3 per adult. All others \$5 per adult. Children 12 and under free. Maximum family price \$10. Please RSVP to Amy Mooney at danceramy@aol.com or call Pat Johnston at 919-614-3303.

international fest

A dazzling swirl of colors, music, tastes, and aromas fills your senses at the International Festival. It will be held on **November 3-4** at the State Fairgrounds and SCOT will be there. This event fits perfectly into our mission to bring information about Scottish Culture to the area. This year we will have a cultural booth where people can look up their names to find clan association and their tartan, as well as learn general information about Scotland. We will also have a vendors booth where we will sell Scottish related items.

You can be part of the excitement!

It really is exciting to help people learn more about Scotland, its culture, and their relationship to it. We need people to help in both booths. If you can come by for even an hour please contact Carolyn Graf CmcDGraf@aol.com and be part of the action! Be sure to also include time to visit the other booths, watch dancing from all over the world and sample the many flavors food at this year's International Festival.



scots in nc

Have you ever heard the comment that North Carolina has Highland Scots in its lowlands and Lowland Scots in its highlands? Well, you've heard it now.

The migration pattern for Highland Scots into North Carolina began as early as the 1600's, and they typically entered via port settlements, especially Wilmington and Williamsburg, VA. They tended to migrate up the Cape Fear from Wilmington, and down into Eastern NC from Williamsburg. The big wave of Highland Scots migration into NC came during the 1730's. The Jacobites in Scotland were getting quite restive during that period, leading up to Bonnie Prince Charlie's return from France in 1745. To help defuse the situation, North Carolina Royal Governor Gabriel Johnston (for whom Johnston County is named) suggested to King George II that he offer land grants in North Carolina to them. The King accepted the offer and many Highlanders, most with Jacobite leanings, took him up on it. Most settled in the Cape Fear region.

Migrations of Highland Scots to this area continued, particularly after the Battle of Culloden in 1746 (in which the Scots came in second place) and during the Highland Clearances in the latter part of the 18th Century and up through much of the second half of the 19th Century. On a recent trip to Scotland, several SCOT members attended a lecture at Armadale Castle (home of the MacDonalds of Sleat) on the Isle of Skye. We heard the speaker, Jim Hunter, who had recently published a book on migrations from Skye, state that "for almost two centuries, the emigrants from Skye to North America didn't realize there was any other place than North Carolina."

By contrast, most of the Scots in the highlands of North Carolina started out in the Scottish Lowlands (including the Borders). Once King James VI of Scotland became King James I of England after the Union of the Crowns in 1603, he decided to tackle the "Irish question", i.e., try to reduce Irish unrest, by opening the Ulster Plantation. He offered land grants in Ulster to residents throughout the Kingdom, and the major takers were Lowland Scots (e.g., Johnston is the second most common name in Northern Ireland today).

When William Penn opened his colony in what is now Pennsylvania, he needed good fighters to help protect his Quakers from the native Indians. (cont. on pg. 3)



sponsored events 2007-2008

- Oct. 13 **Scotch Hop.** 5:00 PM. Kirk of Kildaire, Cary, NC. The Scotch Hop will be preceded by a potluck dinner. Please see the article in this newsletter for specifics. Contact Amy Mooney : dancercamy@aol.com or 919 552-3419
- Nov. 3-4 **The International Festival.** Dorton Arena, Raleigh, NC. Carolyn Graf is organizer and will need lots of help from others. Call her at 919-846-1176 or email at CMcDGraf@aol.com to volunteer!
- December Several possible activities are in the works. Check your email and other mail for more information.
- Jan. 13 **Kirkin' of the Tartan at the Kirk of Kildaire.** Celebrated at both the 8:30 and 11:00 services with a potluck lunch after the 11:00 service. Come in Scottish dress. Contact Emily Sprague at 919-828-1269 or sprague3@bellsouth.net, or Steve Johnston at 919-380-7707 or sajscot@aol.com
- Jan. 26 **Robert Burns Night Supper** at the Country Squire Inn. More information to follow. Contact Donald Ross at 919-841-5668 or nondo@dockpoint.net.
- February **Whisky Tasting.** Watch for further details on this popular event.
- March 8 (tentative date) **Ceilidh.** For information, contact D'Nise Hefner at 919 847-9909 or dbhefner@aol.com
- March 15 (tentative date) **Float for St. Patrick's Day Parade**
- March 29 (tentative date) **Cary Indoor Dance and Piping Competitions and Fiddling Workshop**
- April **Tartan Day at the Renaissance Faire.** The whole weekend of April 5-6 will celebrate Scotland. Plans for a concert by the Glengarry Boys, a Bonnie Knees contest, Scottish Country Dancing, Highland Dancing, a Scottish wedding, and possibly some Heavy Athletic demonstrations. Contact Judith Lloyd at 919 790-8250 or starshipraleigh@aol.com for more information.
- May 11 (tentative date) **Mothers' Day Tea.**
- June 21 (tentative date) **Mark Johnston SCOT Golf Classic and SCOT Family Barbecue.** For information, contact Chuck McDougal at 919 783-7476 or elscrodley@nc.rr.com
- July 10-13 **Grandfather Mountain Highland Games.**
- Aug. 24 **SCOT Annual General Meeting.** Contact Cheryl Jones at 919 851-3956 or at jones_cheryllae@yahoo.com for more information.

2007 agm recap

The Annual General Meeting of SCOT was held this year on August 26 at Hi5 in downtown Raleigh. Approximately 54 members attended. The new venue got rave reviews. It was private and spacious and the food was excellent. As always, the slide show of SCOT's previous events was wonderful, courtesy of Chuck McDougal.

Door Prize Winners:

- Ki McDaniel - won the certificate for dinner at Hi5
- Cheryl McDougal - won the six-pack of beer
- Trish Nicol - won the bottle of Single Malt Whisky
- Melissa Johnson - won the Thistle Paneledware



new BOARD member

Hi, my name is Alan Johnston, and I am the new SCOT board member. I am 32, and am now in my 10th year of teaching. I currently teach middle school science at Our Lady of Lourdes School. My wife, Kristen, and I have been living in Raleigh for 4 years. Before this we lived in Guam for 2 years and in Cincinnati, Ohio, for 3 years.

I am a first-generation American. My parents moved to the US from Belfast, Northern Ireland. I have been interested in my family history and have traced both sides back to the Johnston and Fraser clans of Scotland. It was while attending the Triad Highland Games, my wife and I were approached by a distinguished gentleman in a Clan Johnston polo shirt! Steve Johnston then inquired about my kilt and asked if it was indeed the Johnston Clan. He started talking with us about SCOT, and we decided to join, without having our arms twisted too much! Since then we have had a great time at all of the SCOT events we have attended. I have joined the board because I would like to be more involved in SCOT and give back some of the fun that I have enjoyed so far.

- submitted by Alan Johnston

Volunteer of the Year

Each year SCOT presents an award to a SCOT member who has donated time and energy to our organization. The Volunteer of the Year for 2007 is Doug Graf. Doug was the design engineer for the SCOT Booth and has been faithfully lugging it to various venues ever since. Every time the booth is set up, something is different, the size of the tent, the tables provided etc. Doug is a genius at solving these technical problems. He has also manned the booth through sweltering heat, freezing cold, and occasional fair weather. The booth is our home at various Scottish gatherings and we thank Doug for working to provide it!

welcome to new members

We love to meet new SCOT members and we want to introduce them to the rest of the SCOT family. We are especially pleased to see members joining from all parts of the Triangle. We encourage all of you to get involved in our SCOT activities and to invite new folks to join us. The new members who have joined so far in 2007:

Michael & Janie Schwab - Youngsville, NC
 Larry Hayes - Raleigh, NC
 Colleen Stuart - Raleigh, NC
 David & Deborah Meehan - Cary, NC
 Simon Bate - Apex, NC
 Margaret McGuckion - Durham, NC
 Brenda Suzanne Davidson - Chapel Hill, NC
 Miles Bouchard & Juliet Halliburton - Durham, NC

SCOT

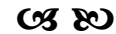
215 SE Maynard Road
 Cary, NC 27511
www.scot.us

The Scottish Cultural Organization of the Triangle (S.C.O.T.) is a non-profit organization dedicated to informing and educating the public about the history, culture, and heritage of Scotland and the Scottish people.

Board of Directors:

Carolyn Graf	Judith Lloyd
D'Nise Hefner	Cheryl McDougal
Craig Hill	Amy Mooney
Alan Johnston	Donald Ross
Patricia Johnston	John Sprague
Cheryl Jones	

tastes of scotland



inverness mushrooms

I found this recipe in one of my rambles through some Scottish cookbooks. I don't know how authentic it is, but it is tasty if you like mushrooms and good for holiday hors d'oeuvres.

2 tsp lemon juice
 2 Tbs Scotch whisky
 ½ tsp thyme
 2 tsp chopped parsley
 1 clove garlic finely chopped
 ½ tsp tarragon
 1 tsp granulated sugar
 Salt and pepper to taste
 3 Tbs salad oil
 ½ pound small mushrooms

Whisk together lemon juice, whisky, and seasonings using a balloon whisk. Add salad oil and mix well.

Wash, dry, and cut ends off mushrooms. Leaving stems on, cut mushrooms in half. Stir dressing and pour over mushrooms. Turn to coat. Cover and refrigerate for at least two hours, stirring frequently.

Serve on a bed of lettuce as a salad, or on toasted crusty bread rounds as hors d'oeuvres.

From Scottish Cooking for American Kitchens, by The Caledonian Cook, Scotpress, Bruceton Mills, WV.

- submitted by Carolyn McDonald Graf

Note: If you have a recipe you would like to share, or a recipe you would like to find, please contact Carolyn at CMcDGraf@aol.com.

Scots in NC, continued from pg. 1:

He found a ready source in Ulster. Eventually, many of these "Scotch Irish" (or more appropriately, "Scots Irish", most of whom were originally Lowland Scots) migrated down the Appalachians, and many settled in the North Carolina mountains and foothills.

Check it out – note the heavy preponderance of names beginning with "Mac" in the Cape Fear region ("the land of the Macs") especially, and the dearth of such names among the Scottish surnames in our highlands and foothills. So now you know "the rest of the story".

- submitted by Steve Johnston

golf & BBQ: a winning combination!

This year's Mark Johnston SCOT Golf Classic was held at Crooked Creek Golf Club. The tournament format was a 2-person superball scramble. Prizes and winners were:

- "Closest to the Pin" (Men) - Stacey Anfindsen
- "Closest to the Pin" (Ladies) - Cindy Anfindsen
- "Longest Drive" (Men) - Stacey Anfindsen
- "Longest Drive" (Ladies) - Cindy Anfindsen
- "Most Gross"- Amy Mooney, Nellie Saunders, & Jill Stark
- "Best Dressed"- Nellie Saunders

Several teams surged early on the front nine, and everyone held on as the back nine bared its teeth. However, when all was said and done, the new champions, Team Copeland—Rick Copeland and Paul Szadanski—were declared "Team Champions" with the lowest score.

Participants ranged in all age groups (juniors, amateur, senior and super senior) with twenty SCOT members and their guests participating. Everyone enjoyed the day and made haste to Amy and Chuck Mooney's for the SCOT Family Barbecue dinner. The tournament committee is already looking at courses for next year so be ready for this fun event!

Following the 4th Mark Johnston SCOT Golf Classic, thirty plus SCOT members and their guests came together on June 23 at Chuck and Amy Mooney's home for the SCOT Family Barbecue. The meal, which included barbecue, fried chicken, french fries, hush puppies, green beans, slaw, and deserts, was highlighted by the juicy ribs prepared by Chuck Mooney following Mark Johnston's recipe. The evening was full of good

fellowship, food and laughter, from the wee ones on. See you all next year at the barbecue!



We welcome your contributions to this quarterly newsletter! If you have an article, story, artwork, or bit of Scottish lore to share, please submit it to Jane Dunbar (thedunbars@mindspring.com).

S.C.O.T.

Scottish Cultural Organization of the Triangle
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