

Great SCOT!

Look what's
going on...

Scottish Cultural Organization of the Triangle

March 2009

Cary Indoor Events

The 8th Annual Cary Indoor Competitions and Workshops will be held on Saturday, **April 4**. This year we are moving to a new location at the Cary High School Performing Arts Center. There will be ample room in the lobby area of the building for a variety of breakfast, lunch and snack items provided by the Ghillie Gang, used dance clothing sale, and vendors of dance and piping items.

In the Highland Dance competition, primary, beginner, and novice registration will begin at 8:00 am., dancing at 9:00 am. Premier and intermediate registration will begin at 11:00 am with the dancing beginning after the lunch break.

Interested in learning more about Scottish Fiddling? Come join Tom Kagan from 9:30 am to 12 pm to learn a variety of Scottish fiddle tunes. We welcome fiddlers from beginner to expert. Beginning fiddlers should have a basic understanding of sheet music and be able to play in the keys of D and A. Handouts with select Scottish fiddle tunes will be provided, but the workshop experience will include playing by ear and reading music. Following the workshop, the Rallye is a casual performance opportunity to play some of the tunes presented. All interested participants will be invited onstage at the Cary High School auditorium.

The Fourth Annual Cary Indoor Solo Piping Competition will begin at 10 am. Pipers from across North Carolina and surrounding states will compete in all amateur grades in this EUSPBA-sanctioned contest with medals and trophies presented at the end of the day. The judges this year are Bill Caudill and Kenneth McKeveny.

Please check the SCOT website for entry forms for the various events.

Mother's Day Tea

The Fourth Annual Mother's Day Tea is scheduled for Sunday, **May 10** at the Kirk of Kildaire Presbyterian Church in Cary. This is a wonderful opportunity to visit with family and other friends while you enjoy a variety of teas accompanied by delicious sweet and savory treats. So mark your calendars, take your elegant hats off the shelf, and make plans to attend this year's tea.

St. Pat's Day Parade

If you've never been to the St Patrick's Day Parade in Raleigh, you are missing a wonderful sight. Forget that you might not be Irish. All local ethnic societies are represented including SCOT. Everyone wears something green for the day and the SCOT float is no exception. Green turf forms the base for four large standing stones. Tartan clad volunteers ride amid the stones under the red SCOT banner. Our float is followed by Scottish dancers who perform along the route to music mysteriously floating out from the stones. Quite a sight!

The parade begins at noon on Saturday, **March 14**, and ends at Moore Square where there is more entertainment. Music and dancing from Scotland and Ireland, face painting, and bake sales are only some of the family friendly activities you will find. Come on out, cheer the SCOT float, and celebrate all things Celtic. For more information: www.raleighstpats.org.

- Carolyn Graf

It's Ceilidh Time!

Just a quick reminder that the annual SCOT Family Ceilidh is being held Saturday, **March 21** at 6:30 pm at the Triangle Dance Studio at 2603 S. Miami Blvd. in Durham, conveniently located off I-40. This year's Ceilidh is free to all SCOT members and guests, so this is a great time to invite friends and family so they can experience the fun and camaraderie of impromptu Scottish-themed participatory entertainment. Please bring a simple dessert to share.

This year's Ceilidh is preceded by a casual potluck "Soup Supper" at 5:30 pm in the same location as the Ceilidh. Please contact D'Nise Hefner by March 19 at 847-9909 or dbhefner@aol.com with a headcount for the Soup Supper and your preference to contribute soup, salad or sandwiches. Complete information about the day's events is available on the SCOT website. See you at the Ceilidh!

- D'Nise Hefner



SCOT Golf Classic

It's that time again! Time to dust off your mashies, cleeks, baffys, niblicks, spoons and brassies. The 6th Annual Mark Johnston SCOT Classic golf event is just around the corner on **Saturday, June 20**. The course selection committee has chosen Prestonwood Country Club for this prestigious affair! All details are being finalized. 24+ players/slots will be reserved in anticipation of a large gathering, so sign up now! The pertinent details are as follows:

Date: Saturday, June 20, 2008

Place: Prestonwood Country Club

Tee Time: Range balls will be provided. Please arrive by 12:00 pm for groupings, directions, and pictures. First tee time is 1:00 pm.

Format: 2-person Super Ball

Cost: \$85.00 for SCOT members, \$95.00 for non-SCOT members, and \$75 for Juniors (under 16). Includes greens fee and carts. Cash or checks payable to SCOT on the day of the event. These will be collected by Pat Johnston at the beginning of the tournament. Shower facilities in the clubhouse are available after the round to freshen up for the barbecue.

Must sign-up by noon on Monday, June 15th! Please let the organizer know if there is anyone with whom you wish to play, or if you want to be paired with an A or B player.

Contests: Mark Johnston SCOT Golf Classic Champion Trophy, Closest to Pin (Men and Women), Long Drive (Men and Women), Best Scottish Attire, and others!

Attire: Classic golf attire: collared shirt, golf shoes (spikeless), no jeans. Scottish wear encouraged: plus fours, kilts (non-regimental only—there is a lot of spinning and twirling involved when swinging the club!)

A dinner with Mark Johnston's famous ribs recipe and barbecue will follow for **all** SCOT members at 6:30 pm at the home of Craig and Jeanette Hill. Watch for emails with details on this event or call Cheryl McDougal at 783-7476.

Contact Chuck McDougal to register, at home: 783-7476, work: 783-0491 ext. 208, or by email: elscrodley@nc.rr.com.



SCOT

Scottish Cultural Organization
of the Triangle

SPONSORED EVENTS 2009

- March 14 **St. Patrick's Day Parade** with the SCOT float. Contact Carolyn Graf at CMcDGraf@aol.com or 919-846-1176, or Amy Mooney at danceramy@aol.com or 919-552-3419. Details on Page 1.
- March 21 **Ceilidh/Scotch Hop**. For more info, Contact D'Nise Hefner at dbhefner@aol.com or 919-847-9909, or Amy Mooney at danceramy@aol.com or 919-552-3419. Details on Page 1.
- Mar. 28-29 **SCOT Booth at the Renaissance Faire**. Contact
Apr. 4-5 Judith Lloyd at judith.lloyd@allscripts.com or 919-790-8250. Details on Page 4.
- April 4 **Cary Indoor Highland Dance and Piping Competitions, and Scottish Fiddling Workshop**. Contact Pat Johnston at patriciatj@aol.com or 919-380-7707 for dancing, John Sprague at sprague3@bellsouth.net or 919-828-1269 for piping, and Amy Mooney at danceramy@aol.com or 919-552-3419 for fiddling. Details on Page 1.
- May 10 **Mother's Day Tea**. Details on Page 1.
- June 20 **6th Annual Mark Johnston SCOT Golf Classic** at Prestonwood Country Club Contact Chuck McDougal at elscrodley@nc.rr.com or 919-783-7476 to register. Details on Page 2.
- June 20 **SCOT Family Barbecue** at the home of Craig and Jeanette Hill. Contact Cheryl McDougal at cherylmcd@nc.rr.com or 919-783-7476. Details on Page 2.
- July 9-12 **SCOT Booth at the Grandfather Mountain Highland Games**.
- August 30 **SCOT Annual General Meeting**. Contact Cheryl Jones at jones_cherylrae@yahoo.com or 919-851-3956.
- September **Kirkin' O' the Tartan** at Kirk of Kildaire in Cary.
- Oct. 10 or 11 (tentative) **Robert Burns event**. Contact George Birrell at gsb.burns250@yahoo.com.
- November (tentative) **SCOT Booth at International Festival**.

Burns Supper Recap

I told you in our last newsletter that this Burns Supper was going to be good, but it was even better than I had hoped for. Everyone involved did a fantastic job and my sincere thanks to all of them.

We had over 150 people in attendance, all of whom participated in a World-Wide Toast to Burns. There was also a great performance by the Port City Pipes & Drums under the direction of our good friend Andy Simpson.

I truly believe that no where else in the world was this milestone honouring Burns carried out with more dignity and obvious love of Burns and Scotland than in The Country Squire. It was a wonderful group of people giving their full attention to all that was going on.

We were once more encouraged by Congressman Mike McIntyre, sending a letter which I read aloud, thanking us for all that we do to help bring the treasures of Scotland and Scottish culture to the residents of Eastern North Carolina.

For the first time, a video CD was made of this event, produced by Harry and Andrew Nicol, which can be purchased for \$12. Please contact me at 919-841-5668 or nondo@dockpoint.net to purchase.

I would be in trouble if I did not let you know how much my sister Iris appreciates the support of SCOT members and their guests each year at our Burns Supper. Remember, if you missed the event this year I can assure you next year will be just as worthwhile, so mark your calendars for the January 23, 2010. Have a wonderful year and remember to support as many SCOT events as you can!

- Donald Ross

Ceud Mile Sailte!

One hundred thousand welcomes to our new SCOT members Catherine Bersch of Fayetteville and Catherine Thorne of Raleigh. We look forward to seeing you at some of our SCOT events this year.

We remind our previous members that SCOT memberships expire at the end of the calendar year. After March 31, members who have not renewed will be dropped from the mailing list. A reminder sticker is on the front of this newsletter if your membership has expired. We encourage you to renew soon, so you will continue receiving our "Great SCOT" newsletter and notifications of upcoming events.

Tastes of Scotland

Carolyn McDonald Graf



Borders Rumbledethumps

Potatoes and Cabbage

The name comes from the Scots words "rumbled," meaning mashed, and "thumped" meaning beaten down. A warm dish for the chill nights of early spring.

- 1 pound mealy potatoes
- ½ stick butter
- 1 onion finely chopped
- 1 pound cabbage finely chopped
- 1 tablespoon chopped chives
- Milk to mix
- Salt and pepper
- 1 cup mature Scottish cheddar grated

Peel the potatoes. Put in a pot of boiling water and simmer until soft. Melt the butter in a pan and sauté the onion and cabbage until just tender. Drain the potatoes and add to the cabbage and onions. Add the chives. Mash well together, mixing in a little milk if too stiff. Season and place in an oven proof serving dish. Cover with grated cheese, brown under the broiler and serve.

From: Broths to Bannocks, Cooking in Scotland 1690 to the present day, Catherine Brown, John Murray Ltd. London, 1990.

Note: If you have a recipe you would like to share, or a recipe you would like to find, please contact Carolyn at CMcDGraf@aol.com.

SCOT

215 SE Maynard Road
Cary, NC 27511
www.scot.us

The Scottish Cultural Organization of the Triangle (S.C.O.T.) is a non-profit organization dedicated to informing and educating the public about the history, culture, and heritage of Scotland and the Scottish people.

Board of Directors:

George Birrell	Judith Lloyd
Carolyn Graf	Cheryl McDougal
D'Nise Hefner	Amy Mooney
Craig Hill	Donald Ross
Patricia Johnston	John Sprague
Cheryl Jones	

Tartan Day, April 6

Six years after the Battle of Bannockburn, Robert the Bruce, commissioned the abbot of the Abbey of Arbroath to write a petition to the Pope to intercede with England and recognize Scotland as a sovereign country. The Declaration was signed by 100 nobles on April 6, 1320. Eight years after it was sent the treaty of Northampton was signed by Edward III finally acknowledging Scotland as an independent country and Robert the Bruce as its king.

The Declaration, which was the first of its kind, was used by Thomas Jefferson in his creation of the U.S. Declaration of Independence centuries later. One of the more famous quotes from the Declaration is the ending line, "for so long as a hundred of us are left alive, we will yield in no way to foreign dominion. We fight not for glory nor for wealth nor honours; but only and alone we fight for freedom, which no good man surrenders but with his life."

Canada was one of the first nations to choose April 6 as Tartan Day, to give people of Scottish Heritage a special day to celebrate that heritage. In 1998, the U.S. Senate set April 6 as Tartan Day with Resolution 155. In 2005, Resolution 41 in the House of Representatives, co-sponsored by NC Representative Mike McIntyre, reiterated the date of April 6 as Tartan Day. President Bush

signed a proclamation in 2008 declaring April 6 as Tartan Day across the United States.

The Tartan Day celebration has been traditionally sponsored by the NC Renaissance Faire with many SCOT members participating in the entertainment portion as well as sponsoring a Bonnie Knees Contest. This year, the celebration will be April 4 at the Faire, held in Wake Forest at 13239 Capital Blvd. For more information visit the Tartan Day page of the site www.ncrenfaire.com

Each year there is an award given to a person, not necessarily an American (Sean Connery is a past recipient), in recognition for his/her contributions to the recognition of Scottish heritage. This year, North Carolinian Royce McNeill will be presented with this award at the Grandfather Mountain Highland Games in a special dinner at Broyhill Center in Boone on Friday, July 10, 2009.

- Judith Lloyd

Other Area Events That May Be of Interest to SCOT Members (not sponsored by SCOT)

- April 9, 2009 - NCSU Pipes and Drums, music from the British Isles. www.ncsu.edu/pipesanddrums/.
- April 25, 2009 - New Highland Games in New Bern, NC.
- May/June 2009 - Encore presents a program on Scottish music and arts coordinated by John Sprague.

We welcome your contributions to this quarterly newsletter! Please forward news of any achievements, births, marriages, or graduations to Amy Mooney (danceramy@aol.com) to be included. If you have an article, story, artwork, or bit of Scottish lore to share, please submit it to Jane Dunbar (thedunbars@mindspring.com).

S.C.O.T.

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