



SCOT Newsletter

Scottish Cultural Organization of the Triangle

August 2004

SCOT Booth a Success at Grandfather Mountain

The booth at Grandfather Mountain this year was declared a success by the SCOT members at the games. Doug and Carolyn Graf set the booth up Friday, beginning about noon. The first shock was that the tent was 12'x12' rather than the 10'x10' size we designed for. It was also only 7' high rather than the designed 8'. Fortunately, we have lots of Scottish inventiveness and in a couple of hours our beautiful SCOT logo was shining across the field. We are quickly learning how to create something that will work anywhere!

The location couldn't have been better and we need to do whatever it takes to get the same spot next year. We were on the main thoroughfare, just inside the main gate, and just behind the shade tents for the highland dancers. We could see the dancing from the booth! A wonderful plus was that we were next to the Historical Spinning and Weaving group that included some country dancing friends.

We were given two tables and brought a third table to create a U-shaped display that invited people into the tent. D'Nise Hefner created a terrific display of famous Scottish "inventors" that drew lots of attention. One man even photographed one of the framed displays. We had an assortment of Scottish cultural books, including

cookbooks, knot-work pattern books, and novels, which people cheerfully thumbed through. During the weekend, other groups brought their brochures to display, specifically ones for up-coming games, which I felt was in keeping with our mission.

Thirty-three people signed our register to receive more information and at least three of these promised to send checks in forthwith (we'll see!). We ran out of brochures late Saturday. I estimate we gave out about 75 Friday and Saturday. The people we spoke with were excited to find a Scottish Association in our area.

Special thanks to Jim Cobb and Chuck Mooney who helped "man" the booth and to the Jones who helped set up and take down.

I really think the advertising we got was worth the money spent. We looked like part of the big leagues and people took us seriously. For many people with Scottish interests, Grandfather Mountain is the only games they know about, so it's an important place to have a presence.

Look for the SCOT Booth at Cary Lazy Days on August 29, Celtic Festival on September 11, and Flora MacDonald Highland Games on October 2.

- Carolyn Graf

Busy Season for NCSU Pipe Bands

The NCSU Pipes and Drums had a successful day on May 15 at the Gatlinburg Scottish Festival. They won both the Grade III competition and the Open competition, so were named "Band of the Day" and given an additional trophy! The weather was perfect, the pipes sounded great, and the band members went home happy.

Since Gatlinburg, the bands have participated in the Grandfather Mountain Highland Games and the Virginia Scottish Games in Alexandria. The bands are gearing up for a busy fall as we travel to the Triad Highland Games in Greensboro, Charleston Scottish Games, Flora Macdonald Highland Games, Stone Mountain Highland Games, and Richmond Highland Games.

In addition to competitions at highland games in the region, the bands perform at events throughout the

Triangle. Some fall performances in the area include:

- Aug. 15—1st Presbyterian Church, Sanford
- Aug. 22—Peace College Matriculation, Raleigh
- Sept. 4—NCSU Football Game, Raleigh
- Sept. 11—St. Raphael's Catholic Church, Raleigh
- Sept. 11—Celtic Festival, Regency Park, Cary
- Sept. 26—Celtic Wonders, Carrboro

The next Beginning Bagpipes class will start on Tuesday, August 24 from 7-9 pm on the NCSU campus. The class is open to both NCSU students and community people of all ages. For more information, contact John Sprague at 828-1269 or check the web page: www.ncsu.edu/pipesanddrums.

Golf Classic Wrap-Up

The first S.C.O.T. Golf Classic was a resounding success! The weather was perfect for low scoring, however, birdies were few and far between. Congratulations to the winning team, Mark Johnston and Buddy Tapp. They won by one shot. Long Drive winner John Sprague was tested for steroid use, which came out negative. Buddy Tapp won Closest-to-the-Pin on the challenging 140-yard 12th hole. "Best Dressed" was awarded to Craig Hill, with his hat, "Plaid to the Bone," making him a favorite with the judges. Thanks to Cheryl McDougal and Pat Johnston for their applause, tips on "course management," and looking for temporarily misplaced balls. Thanks as well to the staff at The Crossings at Grove Park for all their coordination with the event.



**2004
Championship
Team:**
Buddy Tapp
and
Mark Johnston



Participants (left to right): Jim Cobb, Mark Johnston, Chuck McDougal, Buddy Tapp, Richard Horton, Nigel Little, Craig Hill, John Sprague

Calendar of Events

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SPONSORED EVENTS

- 8/29/04 **SCOT Annual General Meeting** will be held at Greenshields Brewery and Tavern beginning with a social time starting at 6 PM. SCOT members are welcome to attend an evening of good food, friends and games.
- 9/11/04 **Cary Celtic Festival** will be held at **Cary's Regency Park Amphitheatre**. SCOT is one of 5 sponsoring organizations for this event. Staffing the SCOT Booth is a great way to meet new people interested in Scottish Culture and help us attract future members. We are always looking for volunteers for these booths. Please contact Eugene Oddone, 919-401-4403, or gene.oddone@duke.edu.
- 10/2/04 **Flora MacDonald Highland Games** are held annually in Red Springs, NC (<http://www.capefearscots.com/>). Staffing the SCOT Booth is a great way to meet new people interested in Scottish Culture and help us attract future members. We are always looking for volunteers for these booths. Please contact Eugene Oddone, 919-401-4403, or gene.oddone@duke.edu.
- 11/5-7/04 SCOT will sponsor a cultural exhibit and world bazaar at the **Raleigh International Festival** at the North Carolina State Fairgrounds www.internationalfestival.org/.
- 3/11/05 **Rhythms of Scotland**. Renowned Scottish Fiddler **Alasdair Fraser** (www.alasdairfraser.com/) will perform with Rhythms of Scotland to be held in Duke's Page Auditorium. Co-sponsored by Duke University's International Artist Series "Living Traditions," it highlights Alasdair and Natalie Haas (cellist), and includes performances by Jennifer Licko, choreography by highland and Scottish country dancers, and the NC State Pipes and Drums. Watch our website for more details.
- 4/2/05 SCOT will sponsor the 4th Annual **Cary Indoor Highland Dance Competition**. An added feature of next year's event will be a Scottish Fiddle workshop and demonstration.

OTHER EVENTS

- 8/20-21/04 **Triad Highland Games** will be held in Greensboro, NC. (www.triadhighlandgames.org/).
- 10/30/04 **Waxhaw Scottish Festival** will be held in Waxhaw, NC.
- 11/6-7/04 **Foothills Highland Games** will be held in Hendersonville, NC (www.foothillshg.org/).

All Are Invited!

3rd Annual General Meeting of all SCOT members

~Sunday, August 29, 2004~

6:00 to 8:00 pm

at Greenshields Brewery and Pub
214 E. Martin St.

in downtown Raleigh's historic City Market

~Evening Schedule~

- 6:00 pm: Social hour and cash bar
6:30 pm: Set price meal (\$20/person)
with choice of entree
7:30 pm: Brief meeting with updates and
election of board members.
Door prize drawings!

If you plan to attend the dinner,
your payment must be received by Aug. 25.
Please check the SCOT website
(www.SCOT.us)
for payment options.

You do **not** need to attend dinner
to attend the meeting!

Inquiries should be directed to D'Nise Hefner
at 919-847-9909 or DBHefner@aol.com

SCOT

215 SE Maynard Road
Cary, NC 27511
www.scot.us

The Scottish Cultural Organization of the Triangle (S.C.O.T.) is a non-profit organization dedicated to informing and educating the public about the history, culture, and heritage of Scotland and the Scottish people.

Board of Directors:

Eugene Oddone, President

Crawford Crenshaw
Carolyn Graf
D'Nise Hefner
Patricia Johnston
Leslie Kennedy

Frank King
Cheryl McDougal
Donald Ross
John Sprague
Brian Youngman

Traditional Scottish Recipes submitted by Carolyn Graf



Cranachan

This simple summery dessert is labeled "a traditional Scottish Recipe" everywhere, but nowhere could I find any story to go with it. The most reasonable explanation is that it is made of such simple ingredients on hand in the late summer that everyone "invented" it over and over. Because of this, the variations are endless.

It is said that traditionally the ingredients are set on the table and everyone mixes their own to their own taste. Some recipes are more formal, arranging the finished dessert in crystal goblets. Other variations include using double cream for whipping cream, the deletion of honey, using other liquors for the single malt, and other fruits for the raspberries. There are even some that freeze the final product producing a kind of Scottish ice cream. So create your own family tradition.

Ingredients:

- ½ cup uncooked oatmeal
- 1 cup whipping cream chilled
- 1 Tablespoon honey
- 1 -2 Tablespoons single malt whiskey
- 1 cup ripe blackberries or raspberries

Toast the dry oatmeal over medium heat, shaking the pan to keep the oatmeal from sticking. Whip the cream to stiff peaks and add the whiskey and honey. Fold in the oatmeal and most of the fruit. Save a few of the prettiest pieces to garnish the top. Mash a couple of berries to give the cream a pretty color. Spoon into parfait glasses and refrigerate until ready to serve, or place toasted oatmeal, whipped cream, whiskey, honey, and fruit in separate bowls and let everyone create their own dessert. Serves four.

Highland Dance Championships Held in Minnesota

Twelve dancers from the Jo Moore Kalat School of Scottish Dance traveled to Bloomington, Minnesota to compete in the United States Inter-Regional (USIR) championship held at the Mall of America on July 24. Hosted by the Midwest region, the dancers and parents were treated to several days of celebration, which included a formal dinner and Ceilidh, and the opportunity to meet and compete with dancers from all over the United States! Ninety-five dancers competed, making the dancers from the Jo Kalat School the largest representation of national-level dancers from any one school in the country.

Regional championships were held in late spring to determine which dancers will qualify for USIR. The U.S. is divided into six regions: Eastern, Midwest, Southeast, Southwest, West, and Northwest. Representing the Southeast were the following dancers from the Jo Kalat School: Shannon Anfindsen, Kathleen Black, Brettany Cobb, Ania Oddone, Baye Cobb, Molly Crenshaw, Cameron Oddone, Susan Tapp, Amanda Jones, Sandy Kennedy, Megan Kimsey, and Erin McDougal.

Several highlights of the weekend included the semi-formal finalists dinner celebrating the accomplishments of all of the dancers who had qualified to represent their regions at USIR. Each dancer was escorted into the dining area by a kilted gentleman and passed under a floral archway. The evening was highlighted by the awarding of the college academic FUSTA (Federation of United States

Teachers and Adjudicators) scholarship to our own Megan Kimsey, a Cary senior who will be attending the University of North Carolina in the fall. Another highlight was the group and individual choreography competition on Friday, July 23. The group choreography was won by the Jo Kalat dancers and a third place in the duets was awarded to Megan Kimsey and Amanda Jones.

Finally, the much awaited national competition was held in the rotunda of the Mall of America. Despite the engaging, but somewhat chaotic atmosphere of the mall, the Southeast dancers maintained their focus and performed to the best of their abilities! The intensity of the morning and afternoon competitions was felt not only by dancers but also parents, teachers, and friends. Trophy winners included, 11 and under: Shannon Anfindsen as 1st runner-up and Kathleen Black as 5th runner-up; 13 and under: Ania Oddone as 3rd runner-up; 15 and under: Cameron Oddone as 3rd runner-up and Susan Tapp as 4th runner-up.



We welcome your contributions to this quarterly newsletter! If you have an article, story, artwork, or bit of Scottish lore to share, please submit it to Jim Cobb (jlscoob@yahoo.com) or Jane Dunbar (thedunbars@mindspring.com).

S.C.O.T.

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